

Saint Paul College: Sport Exercise Science Associate of Applied Science to Concordia University, St. Paul: 3+2 Exercise Science Online

Transfer Guide is based on the 2022-2023 Academic Catalog and may be subject to change

- Step 1: Complete the below general education courses in your Associate's Degree.
*If you are MnTC complete, all general education courses except for Theology will be met

General Education Equivalencies		
Course Option at COLLEGE	Credits	How it transfers to CSP*
ENGS 1711 Composition	4	ENG 121 College Writing
COMM 17XX ₁	3	Communications General Education Area OR General Elective Credit ₁
MnTC Goal Area 6 Course ₁	3	Humanities General Education Area OR General Elective Credit ₁
<i>All remaining General Education Courses</i>	6	Elective - applied towards minimum 120 required credits*

- Step 2: Complete the below major courses in your Associate's degree.
*A minimum of 50% of the major course requirements must be completed at CSP

Major Course Equivalencies		
Course Option at COLLEGE	Credits	How it transfers to CSP*
HLTH 1422 Health and Wellness Coaching	4	KHS 475 Applied Exercise Prescription
HLTH 1465 Functional Holistic Nutrition	4	KHS 300 Applied Nutrition
HLTH 1610 Sport and Exercise Coaching ₂ HLTH 1620 Advanced Concepts in Training ₂ HLTH 1630 Functional Exercise Physiology ₂	13	KHS 450 Exercise Assessment ₂ KHS 474 Exercise Physiology ₂
HLTH 1690 Sport & Exercise Science Internships ₃	5	KHS 498 Internships ₃
<i>All remaining Major Courses</i>	18	Elective - applied towards minimum 120 required credits*

- Step 3: Complete the following minimum requirements* at Concordia University:

Remaining General Education and Major courses requirements at Concordia University, St. Paul	Credits
Remaining General Education Requirements:	19-25
Theology: Must be completed at CSP	6
Humanities (2 Courses)	0-3
Social Science (2 Courses)	6
Communication	0-3
Writing	0
Mathematics	3
Science	4
Remaining Major Course Requirements:	57
KHS 225 Foundations of Exercise and Sports Science	4
KHS 311 Functional Anatomy	4
KHS 436 Motor Development, Control & Motor Learning	4
KHS 473 Biomechanics	4
KHS 435 Sport and Exercise Psychology	4
KHS 394 Sport Business	4
KHS 585 Biomechanics in Exercise Science	3

KHS 600 Exercise Physiology	3
KHS 590 Psychology of Sport and Exercise	3
KHS 610 Research Methods	3
KHS 595 Clinical Exercise Assessment	3
KHS 605 Nutrition and Metabolism	3
KHS 513 Strength and Conditioning	3
KHS 580 Mechanisms of Skilled Neuromuscular Behavior	3
KHS 615 Exercise Prescription	3
KHS 570 Ethics and Sociology in Sport and Exercise Science	3
KHS 620 Master's Capstone	3
<i>Elective Credits to reach minimum requirement to reach 120*</i>	0
Minimum Total Credits to complete at CSP	84-90

****see reverse for important transfer policies***

1Designation will be dependent on chosen Saint Paul College courses.

2A combination of HLTH 1610, HLTH 1620, and HLTH 1630 will transfer in for KHS 450 and KHS 474. All three courses with sufficient grades are necessary to receive transfer credit for both CSP courses. Partial credit will not be accepted.

3Students will follow the internship exemption process at CSP.

Transfer Policies:

- An overall GPA of 2.0 or higher and major GPA of 2.0 or higher is required. (Unless the course applies toward the major, all transfer credit is accepted with a grade of Pass 'P' and does not impact your CSP GPA.)
- A minimum of 120 credits is required to earn a bachelor's degree from CSP. A minimum of 30 credits must be successfully completed at CSP and a maximum of 90 credits will be accepted in transfer.
- A minimum of half of the major credit requirements must be successfully completed at CSP.
- Completion of the full MN Transfer Curriculum will fulfill all general education credits at CSP, with the exception of Theology
- Students may have additional credits earned from attendance at other schools, please be sure to submit all transcripts.
- The courses listed above are current as of the corresponding Academic Calendar Course requirements are subject to change.
- Please contact the Concordia University Office of Admissions for the most up to date information.

Guide approved by Registrar 02/2023