

## Normandale Community College: Associate of Science Exercise Science Transfer Pathway to Concordia University, St. Paul: Bachelor of Science in Exercise Science

Transfer Guide is based on the 2024-2025 Academic Catalog and may be subject to change

**Step 1:** Complete the below general education courses in your Associate's Degree:

\*If you are MnTC complete, all general education requirements except for Theology will be met\*

General Education Equivalencies		
Normandale Courses	Credits	How it transfers to CSP*
ENGC 1101 Freshman Composition	4	Writing General Education Area
COMM 1100, 1101, 1111 or 1121 <sup>1</sup>	3	Communication General Education Area OR General Elective Credit <sup>1</sup>
BIOL 1501 Principles of Biology I <sup>4</sup>	5	BIO 120 General Biology I <sup>4</sup>
BIOL 2041 Human Anatomy <sup>2</sup>	4	BIO 315 Human Anatomy Physiology I <sup>2</sup>
BIOL 2042 Human Physiology <sup>2</sup>	4	BIO 316 Human Anatomy Physiology II <sup>2</sup>
HLTH 1107 Principles of Nutrition <sup>2</sup>	3	KHS 300 Applied Nutrition <sup>2</sup>
MATH 1080 Introduction to Statistics or MATH 1090 STATWAY Statistics 2 or MATH 1095 STATWAY Statistics Accelerated	4	MAT 110 Introduction to Probability and Statistics <sup>5</sup>
PSYC 1110 Introduction to Psychology	4	Social Science General Education Area
Complete one course from Goal 5 (non-PSYC)	3	Social Science General Education Area
<i>All remaining General Education Courses</i>	9	Elective - applied towards minimum 120 required credits*



**Step 2:** Complete the below major courses in your Associate's degree.

\*A minimum of 50% of the major course requirements must be completed at CSP

Major Course Equivalencies		
Normandale Courses	Credits	How it transfers to CSP*
EXSC 2300 Introduction to Exercise Science	3	KHS 225 Foundations Exercise and Sport Science
EXSC 2305 Exercise Physiology	3	KHS 474 Exercise Physiology
EXSC 2315 Exercise Prescription	3	KHS 475 Applied Exercise Prescription
<i>All remaining Major Courses</i>	8	Elective - applied towards minimum 120 required credits*



**Step 3:** Complete the following minimum requirements\* at Concordia University:

Remaining General Education and Major courses requirements at Concordia University, St. Paul	Credits
<b>Remaining General Education Requirements:</b>	<b>12</b>
Theology: Must be completed at CSP	6
Humanities (2 Courses)	6 <sup>3</sup>
<b>Remaining Major Course Requirements:</b>	<b>52</b>
CHE 115 General Chemistry I	4
KHS 220 Research Methods	4
KHS 435 Sport and Exercise Psychology	4
KHS 311 Functional Anatomy	4
KHS 473 Biomechanics	4
KHS 394 Sport Business	4

KHS 436 Motor Development, Control & Motor Learning	4
KHS 450 Exercise Assessment	4
KHS 498 Internship	4
KHS 400 Health Psychology	4
KHS 472 Athletic Training, Injury Prevention, and Safety	4
Exercise Science Major Electives	8
<i>Elective Credits to reach minimum requirement of 120*</i>	0
<b>Minimum Total Credits to complete at CSP</b>	<b>64</b>

***\*see reverse for important transfer policies***

<sup>1</sup>CSP recommends students select COMM 1100, COMM 1101, or COMM 1111 as Small Group Communication is not a general education course at CSP. Students who select COMM 1121 will have additional requirements to complete at CSP.

<sup>2</sup>BIO 315, BIO 316, and KHS 300 will be applied to the Exercise Science Major at CSP, they will not count towards General Education credits.

<sup>3</sup>Students may receive general education credit depending on which courses are selected at NCC, these will be reviewed on a course by course basis.

<sup>4</sup>BIO 120 will fulfill the Natural Science General Education Area.

<sup>5</sup>MAT 110 will fulfill the Mathematics General Education Area.

Transfer Policies:

- The above transfer guide is intended for fully completed MnTC Goal Areas only. Partially completed goal areas will be subject to course-by-course evaluation and does not guarantee transfer to a specific CSP general education area.
- An overall GPA of 2.0 or higher and major GPA of 2.0 or higher is required. (Unless the course applies toward the major, all transfer credit is accepted with a grade of Pass 'P' and does not impact your CSP GPA.).
- A minimum of 120 credits is required to earn a bachelor's degree from CSP. A minimum of 30 credits must be successfully completed at CSP and a maximum of 90 credits will be accepted in transfer.
- A minimum of half of the major credit requirements must be successfully completed at CSP.
- Completion of the full MN Transfer Curriculum will fulfill all general education credits at CSP, with the exception of Theology.
- Students may have additional credits earned from attendance at other schools, please be sure to submit all transcripts.
- The courses listed above are current as of the corresponding Academic Calendar. Course requirements are subject to change.
- Please contact the Concordia University Office of Admissions for the most up to date information.

Guide approved by Registrar & SCS: April, 2024  
Guide expires one year from approval