

Normandale Community College: Associate of Science Exercise Science Transfer Pathway to Concordia University, St. Paul: Bachelor of Arts in Exercise Science

Transfer Guide is based on the 2024-2025 Academic Catalog and may be subject to change

Step 1: Complete the below general education courses in your Associate's Degree:

If you are MnTC complete, all general education requirements except for Theology will be met

General Education Equivalencies		
Normandale Courses	Credits	How it transfers to CSP*
ENGC 1101 Freshman Composition	4	Writing General Education Area
COMM 1100, 1101, 1111 or 1121 ¹	3	Communication General Education Area OR General Elective Credit ¹
BIOL 1501 Principles of Biology I	5	Natural Science General Education Area
HLTH 1107 Principles of Nutrition ²	3	KHS 300 Applied Nutrition ²
MATH 1080 Introduction to Statistics or MATH 1090 STATWAY Statistics 2 or MATH 1095 STATWAY Statistics Accelerated	4	Mathematics General Education Area
PSYC 1110 Introduction to Psychology	4	Social Science General Education Area
Complete one course from Goal 5 (non-PSYC)	3	Social Science General Education Area
<i>All remaining General Education Courses</i>	17	Elective - applied towards minimum 120 required credits*



Step 2: Complete the below major courses in your Associate's degree.

*A minimum of 50% of the major course requirements must be completed at CSP

Major Course Equivalencies		
Normandale Courses	Credits	How it transfers to CSP*
EXSC 2300 Introduction to Exercise Science	3	KHS 225 Foundations Exercise and Sport Science
EXSC 2305 Exercise Physiology	3	KHS 474 Exercise Physiology
EXSC 2315 Exercise Prescription	3	KHS 475 Applied Exercise Prescription
<i>All remaining Major Courses</i>	8	Elective - applied towards minimum 120 required credits*



Step 3: Complete the following minimum requirements* at Concordia University:

Remaining General Education and Major courses requirements at Concordia University, St. Paul	Credits
Remaining General Education Requirements:	18
Theology: Must be completed at CSP	6
Humanities (2 Courses)	6 ³
Remaining Major Course Requirements:	42
KHS 435 Sport and Exercise Psychology	4
KHS 311 Functional Anatomy	4
KHS 473 Biomechanics	4
KHS 394 Sport Business	4
KHS 436 Motor Development, Control & Motor Learning	4
KHS 450 Exercise Assessment	4
KHS 498 Internship	4
<i>Elective Credits to reach minimum requirement of 120*</i>	20

****see reverse for important transfer policies***

¹CSP recommends students select COMM 1100, COMM 1101, or COMM 1111 as Small Group Communication is not a general education course at CSP. Students who select COMM 1121 will have additional requirements to complete at CSP.

²KHS 300 will be applied to the Exercise Science Major at CSP, it will not count towards General Education credit.

³Students may receive general education credit depending on which courses are selected at NCC, these will be reviewed on a course by course basis.

Transfer Policies:

- The above transfer guide is intended for fully completed MnTC Goal Areas only. Partially completed goal areas will be subject to course-by-course evaluation and does not guarantee transfer to a specific CSP general education area.
- An overall GPA of 2.0 or higher and major GPA of 2.0 or higher is required. (Unless the course applies toward the major, all transfer credit is accepted with a grade of Pass 'P' and does not impact your CSP GPA.).
- A minimum of 120 credits is required to earn a bachelor's degree from CSP. A minimum of 30 credits must be successfully completed at CSP and a maximum of 90 credits will be accepted in transfer.
- A minimum of half of the major credit requirements must be successfully completed at CSP.
- Completion of the full MN Transfer Curriculum will fulfill all general education credits at CSP, with the exception of Theology.
- Students may have additional credits earned from attendance at other schools, please be sure to submit all transcripts.
- The courses listed above are current as of the corresponding Academic Calendar. Course requirements are subject to change.
- Please contact the Concordia University Office of Admissions for the most up to date information.

Guide approved by Registrar & SCS: April, 2024
Guide expires one year from approval