



# TRANSFER GUIDE

## Saint Paul College to Concordia University, St. Paul Bachelor of Arts in Exercise Science



**Step 1:** Complete an Associate's degree at Saint Paul College (*Sport and Exercise Science AAS preferred*) and complete the following Exercise Science major courses:

Course Option at Saint Paul College <i>Also required for the Sport and Exercise Science AAS</i>	Credit	How it transfers to CSP's BA Exercise Science major*
HLTH 1465 Functional Holistic Nutrition	4	KHS 300 Applied Nutrition
HLTH 1425 Clinical Applications in Kinesiology	3	KHS 311 Functional Anatomy
HLTH 1610 Sport and Exercise Coaching and HLTH 1620 Advanced Concepts in Training and HLTH 1630 Functional Exercise Physiology and <i>All three courses must be completed for KHS 450 and KHS 474</i>	5 5 3	KHS 450 Exercise Assessment and KHS 474 Exercise Physiology
HLTH 1422 Health & Wellness Coaching	4	KHS 475 Applied Exercise Prescription
HLTH 1690 Sport and Exercise Sciences Internship	5	KHS 498 Internship <i>Requires 8 cr. total</i>



**Step 2:** Complete the MnTC Goal Areas not met by AS or AAS degree and remaining elective credits through SPC or CSP\* (*Theology requirements must be completed at CSP*)



**Step 3:** Complete the remaining requirements at Concordia University.\*

Concordia University, St. Paul BA in Exercise Science Course Requirements	Credits
KHS 220 Research Methods	4
KHS 394 Sport Business	4
KHS 400 Health Psychology	4
KHS 436 Motor Dev, Control & Motor Learning	4
KHS 473 Biomechanics	4
KHS 490 Senior Seminar	1
KHS 498 Internship	3
<b>Required General Education &amp; Elective Credits to complete the BA in Exercise Science</b>	
Theology: 2 courses, 3 credits each. Must be completed at CSP	6-8
General Elective Credit	0
<b>Minimum Total Credits to complete at CSP</b>	<b>30</b>

\*see [www.csp.edu/transfer](http://www.csp.edu/transfer) for important transfer policies

Guide approved 042020, OA/GS