






TRANSFER GUIDE

Normandale Community College to Concordia University, St. Paul Bachelor of Arts in Exercise Science

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Step 1: Complete an AS degree at Normandale
AS Exercise Science Transfer Pathway or AS Health Sciences Broad Field preferred
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Step 2: Complete the MnTC Goal Areas not met by the AS degree and remaining elective credits through NCC or CSP* (6-8 credits Theology must be completed at CSP)
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Step 3: Complete the remaining requirements at Concordia University online or on campus.*

BA Exercise Science at Concordia University, St. Paul	Credit	CSP Notes	Normandale Course Option
Required Major Credits			
<i>Bachelor of Arts Exercise Science Majors may choose to complete the following major credits at Normandale*</i>			
KHS 220 Research Methods	4	Requirement	*Must be completed at CSP
KHS 300 Applied Nutrition	4	Requirement	HLTH 1107 Principles of Nutrition
KHS 311 Functional Anatomy	4	Requirement	*Must be completed at CSP
KHS 394 Sport Business	4	Requirement	*Must be completed at CSP
KHS 400 Health Psychology	4	Requirement	*Must be completed at CSP
KHS 436 Motor Dev., Control & Motor Learning	4	Requirement	*Must be completed at CSP
KHS 450 Exercise Assessment	4	Requirement	EXSC 2310 Foundations of Personal Training and EXSC 2330 Applications of Personal Training *Both EXSC 2310 and 2330 must be completed at NCC for KHS 450 equivalency at CSP.
KHS 473 Biomechanics	4	Requirement	*Must be completed at CSP
KHS 474 Exercise Physiology	4	Requirement	EXSC 2305 Exercise Physiology
KHS 475 Applied Exercise Prescription	4	Requirement	EXSC 2315 Exercise Prescription
KHS 490 Senior Processional Seminar	1	Requirement	*Must be completed at CSP
KHS 498 Internship	8	Requirement	*Must be completed at CSP
*see www.csp.edu/transfer for important transfer policies			